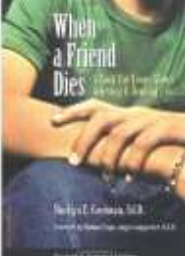
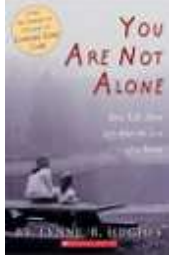
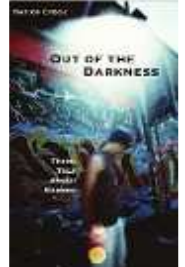
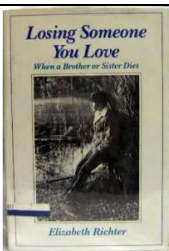
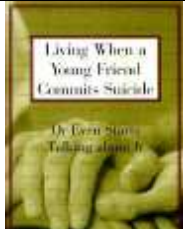
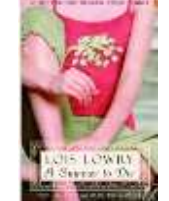






BOOKS ON GRIEF FOR TEENS

	<p>Straight Talk about Death for Teenagers by Earl Grollman</p> <p>Today's young people, who face tremendous and complex pressures even without the trauma of death, need more guidance than anyone in times of tragedy. Award-winning author Grollman fills this need with this compassionate book written especially for teens. With brief entries such as "Accidental Death," "Self-Inflicted Death," "Talking," "Crying," and "Going Nuts," Grollman offers advice and answers the kinds of questions that teens are likely to ask themselves when grieving the death of someone close.</p>		<p>Death is Hard to Live with: Teenagers Talk about How They Cope with Loss by Janet Bode</p> <p>Through interviews with teenagers who have experienced the death of a friend or relative, Janet Bode explores ways of making peace with the shock, guilt, and tragedy of death. Young adults who feel defeated can learn through these examples and, by reading what worked for their peers, discover that they, too, can find a way to cope.</p>
	<p>The Grieving Teen by Helen Fitzgerald</p> <p>Fitzgerald adeptly covers the entire range of situations in which teens may find themselves grieving a death, whether the cause was old age, terminal illness, school violence, or suicide. She helps teens address the gamut of strong and difficult emotions they will experience and the new situations they will face, including family changes, issues with friends, problems at school, and the courage needed to move forward with one's own life.</p>		<p>Teenagers Face to Face with Bereavement by Karen Gravelle & Charles Haskins</p> <p>Seventeen teenagers express themselves in Teenagers Face to Face with Bereavement. The authors discuss what happens when illness or an accident precedes death, the funeral, shock and post-shock, and the range of feelings, and include especially valuable sections on possible reactions people have on the anniversary of a death, how to rebuild a life following the death, and how friends might react to grieving teens.</p>
	<p>Healing Your Grieving Heart for Teens: 100 Practical Ideas by Alan Wolfelt</p> <p>A book that is written in a clear, user-friendly way. Each page presents a different idea designed to help teens recognize mourning as a natural process connected with loss, reassuring them that they should not be afraid of deep, sometimes uncontrollable emotions, and showing them how to release grief in healthy, positive ways.</p>		<p>I Will Remember You: What to Do When Someone You Love Dies by Laura Dower</p> <p>Through stirring words by well-known personalities and from fellow teens who have lost a loved one, grieving teens can begin to take comfort that they're not alone. Each chapter helps readers explore different aspects of grief, such as denial, ritual, remembering, mourning a stranger, and anniversary "aftershocks."</p>
	<p>Teens, Loss and Grief by Edward Myers</p> <p>This book provides an overview of grief as a painful but normal process, offering insights from bereavement experts as well as practical suggestions for coping with loss, including accounts from teens. This book provides a warm, accessible resource that will reassure teen readers about the normality of grief, encourages their understanding of what happens during the grief process, and provides an indispensable resource guide.</p>		<p>Losing Someone You Love by Tracy Phillips</p> <p>The death of a friend or family member is one of the most difficult events a person can experience. And while people grieve in different ways, there are responses that are common to most of us, and there are common paths to healing. Tracy A. Phillips looks at the grieving process and at what can be done to help children and teens who experience loss.</p>
			<p>Help for the Hard Times: Getting Through Loss by Earl Hipp</p> <p>Earl Hipp presents a guide that helps teens understand how they experience grief and loss, how our culture in general often doesn't acknowledge their losses or give them tools to grieve, and how they can keep their loss from overflowing.</p>

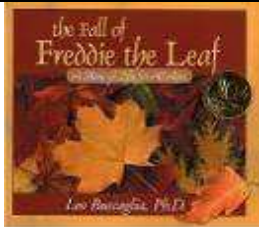
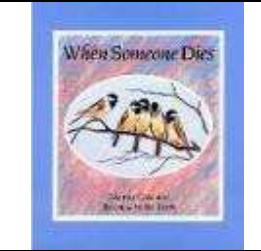

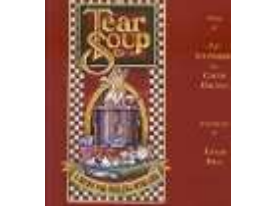
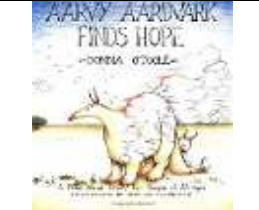
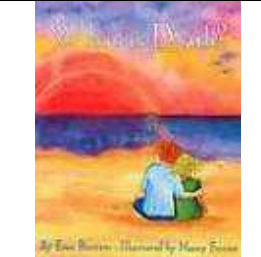
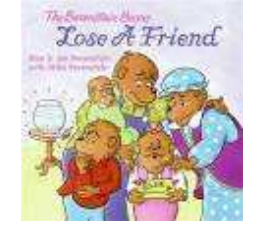
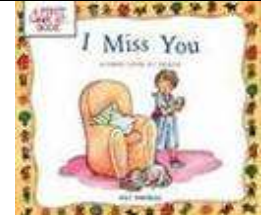
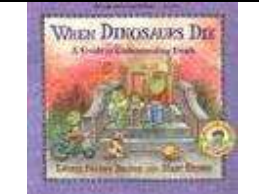
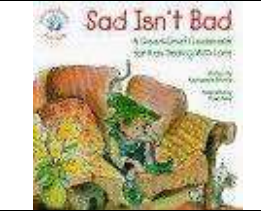




BOOKS ON GRIEF FOR TEENS

	<p>When a Friend Dies: A Book for Teens about Grieving and Healing by Marilyn Gootman 16 short chapters deliver helpful information on subjects including: How can I stand the pain? How should I be acting? What is normal? What if I can't handle my grief on my own? and How can I find a counselor or a therapist? Interspersed throughout the book are quotes by teenagers who have experienced grief.</p>		<p>You Are Not Alone: Teens Talk About Life After the Loss of a Parent by Lynne B Hughes Loss is one of the most isolating experiences there is, and kids who have lost a parent feel especially different than those around them. Through frank and accessible testimonials, Lynne Hughes and the kids of Comfort Zone Camp share the most difficult parts of their losses and offer their own experiences of what helps, what doesn't, what "stinks," and ways to stay connected to their loved ones.</p>
	<p>Out of the Darkness : Teens Talk About Suicide by Marion Crook Based on interviews with teen suicide survivors, parents and professionals, Marion Crook sensitively explores all aspects of teen suicide, in particular the reasons why young people are driven to it. Marion Crook also examines the history of teen suicide in Western and other cultures, as well as what roles parents and schools can play in suicide prevention, and coping strategies for teens in crisis.</p>		<p>Losing Someone You Love: When a Brother or Sister Dies by Elizabeth Richter Sixteen young people between the ages of 10 and 24 recall siblings they loved and express their loss. They describe their own feelings and reactions and the outside pressures that accompany the death of their sibling, sharing their experiences so that others who experience the same loss will not feel alone.</p>
	<p>Living When a Young Friend Commits Suicide Or Even Starts Talking about It by Earl Grollman & Max Malikow A guide for young people who are trying to come to terms with a friend's suicide. Setting straight the myths about suicide and addressing the feelings of shock, grief, anger, and guilt, the authors offer practical, empathetic advice.</p>		<p>A Summer to Die by Lois Lowry Lois Lowry has written a poignant and perceptive first novel exploring the complex emotions a young girl faces in dealing with the death of a sister just at the very time when she had begun to ease her sense of jealousy and impatience into love.</p>
	<p>Dying to Be Free: A Healing Guide for Families After a Suicide by Beverly Cobain and Jean Larch Cobain's achingly honest account of dealing with the suicide of a loved one, along with personal stories from others who experienced this profound loss, provide powerful insight into the confusion, fear, and guilt family members experience. A chapter about "the suicidal mind" helps families not only comprehend the depth of their loved one's pain prior to suicide, but also understand why such desperation is so difficult to recognize—even in the closest relationships.</p>		<p>Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss by Enid Samuel Traisman This is a journal that encourages teenagers to work through their grief in a creative and healthy way. It allows them to keep permanent memories of the person that died. It also gives them skills to help them throughout their life when faced with grief and loss.</p>
	<p>How it Feels When a Parent Dies by Jill Krementz In this moving and insightful book about what it means to children when a parent dies, eighteen boys and girls, from seven to sixteen years old, speak openly, honestly and unreservedly, of their experiences and feelings.</p>		<p>The Healing Your Grieving Heart Journal for Teens by Alan Wolfelt In order to sort through their confusing feelings and thoughts, teens are prompted to explore simple, open-ended questions. Teens are encouraged to write what they miss about the person who died, the specific feelings that have been most difficult since the death, or the things they wish they had said to the person before they died.</p>




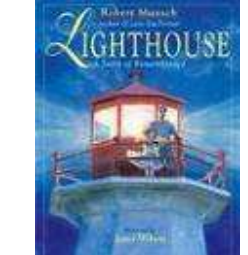

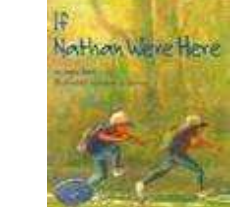

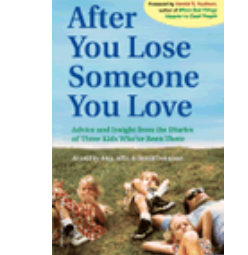

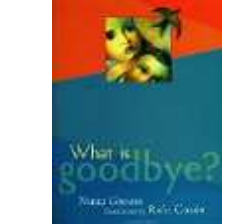
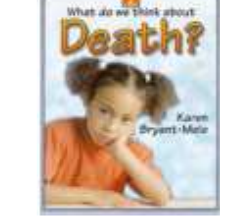


BOOKS ON GRIEF FOR KIDS

	<p>The Fall of Freddie the Leaf: A Story of Life for All Ages by Leo Buscaglia This is a wonderfully wise and strikingly simple story of a leaf named Freddie. How Freddie and his companion leaves change with the passing seasons, finally falling to the ground with a winters snow, is an inspiring allegory illustrating the delicate balance between life and death.</p>		<p>When Someone Dies by Sharon Greenlee In this simple book, counselor Sharon Greenlee explains the hurt, fear, and confusion felt by children and adults alike after a death has occurred. Accompanied by delicate watercolors, When Someone Dies offers suggestions for easing the pain, surviving the changes, and remembering the good times.</p>
	<p>Badger's Parting Gifts by Susan Varley Badger's friends are overwhelmed with their loss when he dies. By sharing their memories of his gifts, they find the strength to face the future with hope.</p>		<p>Tear Soup by Pat Schweibert In this modern-day fable, a woman who has suffered a terrible loss cooks up a special batch of "tear soup," blending the unique ingredients of her life into the grief process. Along the way she dispenses a recipe of sound advice for people who are in mourning or know someone who has suffered a loss.</p>
	<p>Aarvy Aardvark Finds Hope by Donna O'Toole With the help of his friend Ralphy Rabbit, Aarvy Aardvark comes to terms with the loss of his mother and brother.</p>		<p>What Is Death? by Etan Bortizer What Is Death? introduces children to the concept of death with examples of customs and beliefs from different religions and cultures. Using a gentle and comforting tone, and an honest approach, Bortizer encourages children to embrace the positive in life.</p>
	<p>The Berenstain Bears Lose A Friend by Jan Berenstain Sister feeds her goldfish Goldie every morning and evening, cleans out her tank, and even gets her a beautiful fishbowl castle! But when Papa and Mama find Goldie floating belly-up in her tank, they worry about how Sister will feel. How will the Bear family cope with the loss of Goldie?</p>		<p>I Miss You: A First Look at Death by Pat Thomas When a close friend or family member dies, it can be difficult for children to express their feelings. This book helps boys and girls understand that death is a natural complement to life, and that grief and a sense of loss are normal feelings for them to have following a loved one's death.</p>
	<p>When Dinosaurs Die by Laurie Brown Explains in simple language the feelings people may have regarding the death of a loved one and the ways to honor the memory of someone who has died.</p>		<p>Sad Isn't Bad by Michaelene Mundy Sad Isn't Bad offers children of all ages a comforting, realistic look at loss--loaded with positive suggestions for coping with loss as a child. It's a book that promotes honest and healthy grief and growth.</p>
	<p>The Invisible String by Patrice Karst Author Patrice Karst illustrates how we are connected to the people we love by invisible string. Karst describes how even people we can't see anymore are connected to us by this string. This book creatively depicts the important concept that death ends a life but not a relationship.</p>		<p>Healing Your Grieving Heart by Alan Wolfelt 100 Practical Ideas for Kids. Read one page a day. Gives young children a better understanding of death and grief.</p>



BOOKS ON GRIEF FOR KIDS

	<p>Help Me Say Goodbye by Janis Silverman An art therapy and activity book for children coping with death. Sensitive exercises address many of the questions children may have during this emotional and troubling time. Children are encouraged to express in pictures what they are often unable to express in words.</p>		<p>The Best Day of the Week by Hannah Cole This storybook tells of two young children who spend Saturdays with their Grandparents when Mum is at work. It has three chapters, with stories of three different Saturdays. This is a lovely story that gives an important message that it is still okay to have fun after someone dies.</p>
	<p>When Someone Very Special Dies: Children Can Learn to Cope with Grief by Marge Heegard This book is designed to teach basic concepts of death and help children understand and express the many feelings they have when someone special dies.</p>		<p>Lighthouse: A Story of Remembrance by Robert Munsch A moving story of love and remembrance - for anyone who has ever lost a loved one. Young Sarah can't sleep following her grandpa's funeral, so she wakes up her dad in the middle of the night. He agrees to take her where Grandpa used to take him as a boy - the lighthouse.</p>
	<p>What on Earth Do You Do When Someone Dies? by Trevor Romain Simple, insightful, and straight from the heart, this book is for any child who has lost a loved one. The author talks directly to kids about what death means and how to cope. He answers questions kids have about death--Why? How? What next? Is it my fault? What's a funeral?--in basic straightforward terms.</p>		<p>If Nathan Were Here by Mary Bahr This gentle picture book explores the grief of a young boy whose best friend has died.</p>
	<p>A Complete Book about Death for Kids by Earl Grollman and Joy Johnson This friendly, inviting book for children six and older gently explains death as a part of life and offers reassurance.</p>		<p>After Your Lose Someone You Love by Amy, Allie & David Dennison Twins Amy and Allie were eight years old and their brother David was four when their father died suddenly in his sleep. Encouraged and guided by their mother, the three children kept a journal for almost two years. Their real-life account is an honest, insightful, and deeply moving perspective on their journey through grief and growth.</p>
	<p>Someone Special Died by Joan Singleton Prestine This sensitive series offers a comforting and realistic look at some of the critical emotional issues that today's children face. In <i>Someone Special Died</i>, a young girl describes the anger and sadness she feels after someone she loved dies, and makes a scrapbook to remember the things they did together.</p>		<p>What Is Goodbye? by Nikki Grimes (poetry) Jerilyn and Jesse have lost their beloved older brother. Each of them deals with Jaron's death differently. After a year of anger, pain, and guilt, they come to understand that it's time for a new family picture-with one piece missing, yet whole again. Through the alternating voices of a brother and sister, the grieving process is eloquently portrayed in this gem of a book.</p>
	<p>What Do We Think about Death? by Karen Bryant-Mole When people or animals die, the life goes out of their bodies. Death comes at the end of every life. People feel very sad when someone dies. They can also feel very cross, lonely or frightened. In this book, you can read about life and death, and how to deal with the feelings you get when someone close to you dies.</p>		



BOOKS ON GRIEF FOR KIDS

	<p>Can You Hear Me Smiling? A Child Grieves a Sister by Ariane R. Jackson</p> <p>In the powerful and touching picture book, nine-year-old Airane talks about dealing with the loss of her sister who died at the age of twelve. The book centers on the range of emotions Ariane feels while she grieves during this troublesome time.</p>		<p>The Children Who Lived: Using Harry Potter and Other Fictional Characters to Help Grieving Children and Adolescents by Kathryn and Marc Markell</p> <p>Harry Potter's encounters with grief, as well as the grief experiences of other fictional characters, can be used by educators, counselors, and parents to help children and adolescents deal with their own loss issues. This book is a unique approach toward grief and loss in children. Focusing on fictional child and adolescent characters experiencing grief, this book uses classic tales and the Harry Potter books to help grieving children and adolescents.</p>
	<p>But I Didn't Say Goodbye by Barbara Rubel</p> <p>But I Didn't Say Goodbye is an inspiring chronicle of the journey of an eleven-year-old suicide survivor. Barbara Rubel presents a powerful portrait of the myriad of thoughts and feelings so common to those of all ages after the death of a friend or family member by suicide.</p>		<p>Part of Me Died, Too: Stories of Creative Survival Among Bereaved Children and Teenagers by Virginia Lynn Fry</p> <p>This important and moving book tells 11 true stories about young people, toddlers to teenagers, who have experienced the loss of family members or friends. Guided by a hospice counselor, these bereaved children used creative activities to bring their feelings out in the open. The creative strategies offered here will be of value to readers struggling with the loss of a loved one</p>
	<p>Someone I Love Died by Suicide: A Story for Child Survivors and Those Who Care for Them by Doreen Cammarata</p> <p>This book is designed for adult caregivers to read to surviving youngsters following a suicidal death. The story allows individuals an opportunity to recognize normal grieving symptoms and to identify various interventions to promote healthy ways of coping with the death of a special person.</p>		<p>Creative Interventions for Bereaved Children by Liana Lowenstein</p> <p>A uniquely creative compilation of activities to help bereaved children express feelings of grief, diffuse traumatic reminders, address self-blame, commemorate the deceased, and learn coping strategies. Includes special activities for children dealing with the suicide or murder of a loved one. It covers a theoretical overview for practitioners, tips for caregivers and schools, and a ten-week curriculum for use in therapy or support groups.</p>
	<p>After a Suicide: A Workbook for Grieving Kids by the Dougy Centre</p> <p>In this hands-on, interactive workbook, children who have been exposed to a suicide can learn from other grieving kids. The workbook includes drawing activities, puzzles, stories, advice from other kids and helpful suggestions for how to navigate the grief process after a suicide death.</p>		<p>Healing Activities for Children in Grief by Gay McWhorter</p> <p>This book is an activity book designed to help counselors in a group setting help children following a death. The book is divided into three sections: children's activities (ages 5-8), preteen activities (ages 9-12), and teen activities (ages 13-18). In each section counselors can choose from a variety of opening activities designed to promote discussion and main activities that involve a specific topic or theme.</p>
	<p>Losing Uncle Tim by Mary Kate Jordan</p> <p>This picture book explains how a young boy finds out his Uncle Tim has AIDS and is going to die. It is a sensitive book that covers many of the issues, changes and difficult feelings that can occur when someone has a serious illness.</p>		

