

SUPPORT and SHARE DAYTIME Program



Bereaved Families of Ontario
- Ottawa Region
Les Familles endeuillées de
l'Ontario - Région d'Ottawa

308-211 Bronson Avenue,
Ottawa, Ontario K1R 6H5
(613) 567-4278

**Charitable Donation Number
85343 2730 RR0001**

Web site: www.bfo-ottawa.org
email: office@bfo-ottawa.org

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This is a meeting time for families or individuals who are experiencing the overwhelming emotions related to grieving the loss of a loved one. The peer support group is facilitated by trained individuals who have experienced loss themselves.

There are no fees but donations are welcome. People do not have to register ahead of time for this event.

For more information call
613-567-4278.

WHEN:

Every Thursday from
12:00 pm to 1:30 pm

WHERE:

Bronson Centre, Rm 306
211 Bronson Ave, Ottawa.
2 blocks north of Somerset.
Free street parking for 2 hours.
-Once in the lobby of the Bronson

Centre, take the stairway left of Auditorium doors to the third floor. Turn left, down ramp and turn right.

-Wheelchair access by elevator. -
Look for directions on walls to get to elevator. From elevator turn right twice, near end of hall by windows.

-Bus route 85 stops in front of the building and across the street from the building.

This service is offered to persons
15 years and over.

Bereaved Families, helping each other through grief. We can help the healing begin.